

## TOGETHER, WE MAKE IT POSSIBLE

Runnymede enhances the quality of patients' lives because of the highly skilled members of our interprofessional team, which includes:

- **Activation therapy:** provide creative, therapeutic programs for social well-being
- **Clinical nutrition:** assess nutritional needs to develop personalized nutrition plans
- **Discharge Coordinators:** Assist and facilitate return to community and connect patients with appropriate services and supports
- **Medicine:** assess and treat medical conditions
- **Nurse practitioner:** supports nursing and medicine teams in the care of medical conditions
- **Nursing:** deliver high-quality, around-the-clock patient care to meet daily needs
- **Occupational therapy:** restore independence and ability to perform daily activities, such as toileting, bathing and meal preparation
- **Pharmacy:** supply medication and act as a valuable drug information resource to ensure patient needs are safely met
- **Physiotherapy:** restore mobility, strength, stability, and physical function
- **Respiratory therapist:** assess and treat breathing conditions
- **Speech-language pathology:** treat challenges in communication and swallowing

RUNNYMEDE HEALTHCARE CENTRE IS A RECOGNIZED LEADER IN HOSPITAL CARE AND RECEIVED ACCREDITATION CANADA'S HIGHEST HONOUR. OUR PROGRAMS HELP PATIENTS RESUME THEIR LIVES AT HOME OR IN THE COMMUNITY, IF POSSIBLE.

**RUNNYMEDE**  
HEALTHCARE CENTRE

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## Clinical programs:

High Tolerance Short Duration  
Rehabilitation (Active Rehab)

Low Tolerance Long Duration  
Rehabilitation (Slow Stream Rehab)

Medically Complex

*We make it possible.*

## The right care in the right place at the right time.

RUNNYMEDE HEALTHCARE CENTRE is a dynamic and growing 206-bed rehabilitation and complex continuing care hospital passionately dedicated to serving our community in the west end of Toronto. Our outstanding patient-centred care provides patients with a crucial pathway to recovery.

We primarily serve patients through three transitional inpatient programs that offer therapy 7 days a week:

- High Tolerance Short Duration Rehabilitation program (Active Rehab)
- Low Tolerance Long Duration Rehabilitation program (Slow Stream Rehab)
- Medically Complex program



All three programs strive to improve the quality of life for our patients, enhance their functional abilities and get them back to the community as soon as possible.

### ACTIVE REHAB PROGRAM

Our High Tolerance Short Duration Rehabilitation program (Active Rehab) is designed for patients who can benefit from intensive, short-term therapy. It helps them regain function and mobility that may have been lost because of illness, injury or surgery.

### SLOW STREAM REHAB PROGRAM

Our Low Tolerance Long Duration Rehabilitation program (Slow Stream Rehab) provides patients with a slower, less intense form of therapy compared to Active Rehab. It is for patients who are unable to tolerate a more active form of rehabilitation due to their level of disability after injury or surgery, and helps to restore functional skills, mobility and independence.

### MEDICALLY COMPLEX PROGRAM

Our Medically Complex program provides care for patients with multiple medical needs that may result from acute injury, chronic illnesses or disabilities. The treatment provided by our clinical team goes beyond what is available to patients at home or in a long-term care centre.

### PARTNERS IN CARE

At Runnymede, patients are the driving force behind their care. Our staff are committed to working closely with patients to provide the treatment and support they need to meet their unique clinical goals.

Our top priority is to help patients safely resume their lives in the community as soon as possible. When they no longer need the level of care we provide, our staff collaborate with relevant community partners to facilitate access to supports that meet patients' needs upon discharge.

### EXCEPTIONAL PATIENT EXPERIENCE

Providing safe, quality clinical care in a supportive environment is at the heart of what we do. We welcome feedback from patients and families because it helps us enhance the patient experience.

Patients and families can have their say through any of the following:

- My Runnymede Experience feedback form
- Patient Family Advisory Council
- Patient and Family Engagement Committee

For more information, please contact [patient.relations@runnymedehc.ca](mailto:patient.relations@runnymedehc.ca) or call 416-762-7316, ext. 2119.