

If you do not have access to a personal device and/or would like support with connecting to the internet, please call ext. 2224 to connect with the activation therapy team member for your floor:

Floor	Activationist
Sharly He	2nd floor west
Mariflor Fernandez	2nd floor east
Mariflor Fernandez	3rd floor (east and west)
Teras Asfaw	4th floor (east and west)



RUNN MEDE
HEALTHCARE CENTRE

FOR MORE INFORMATION ABOUT COVID-19, PLEASE CONTACT INFECTION PREVENTION AND CONTROL AT 416.762.7316 EXT. 2238.

625 Runnymede Rd. Toronto, ON M6S 3A3 T 416 762 7316 F 416 762 3836 www.runnymedehc.ca







COVID-19: Patient safety and resources

We make it possible.

# Patient safety and resources during the COVID-19 pandemic

## SAFETY IS OUR TOP PRIORITY

During the COVID-19 pandemic Runnymede has taken many precautions to ensure you and our staff are protected from the spread of the novel coronavirus.

As partners in care, we ask that you please follow the tips below to ensure that you:

- Stay safe from infections
- Have the best possible experience during your stay

## PLEASE KEEP HANDS CLEAN

Good hand hygiene is one of the best ways to prevent the spread of infections.

#### Wash hands often

Please use soap and water or use the alcohol-based hand rub that is available throughout the hospital.



#### Practice the "sleeve sneeze"

If you must cough or sneeze, do not cover your mouth with your hand; please cough or sneeze into your forearm.



If you cough or sneeze into a tissue, ensure the tissue is discarded immediately, and you clean your hands right away with soap and water or alcohol-based hand rub.

## MAINTAIN A SAFE DISTANCE

"Social distancing" is a very effective way of preventing the spread of COVID-19.

## Stay 2 metres (6 feet) apart from others at all times

We understand this can be a difficult adjustment, but it is important for your safety.

## Do not visit other patients in their rooms

Instead, please visit in the dining room, cafeteria or other common area where you can keep a safe distance.

#### Please wear a mask

If you leave your room to go to a common area in the hospital, please wear a mask at all times to protect others.

If you do not have a mask, please tell a member of your clinical team.

# HOW TO STAY CONNECTED WITH YOUR LOVED ONES

While visiting is restricted during the COVID-19 pandemic, Runnymede is pleased to offer free Wi-Fi at no cost so you can use a personal device to:

- Have face-to face video chats with loved ones
- Share updates with family and friends
- Explore areas of interest on the internet



### Don't have a device?

Please call ext. 2224 and a member of our activation therapy team will help you access a device and provide support, if needed.

Join our "Cyber Seniors" group
Our activation therapy team can
also provide education about how
to use social media and access other
resources on the internet.

(Please see reverse for details.)