



IF THERE ARE ANY QUESTIONS OR  
CONCERNS, PLEASE FEEL FREE TO  
CONTACT THE INFECTION PREVENTION  
AND CONTROL TEAM AT  
[INFECTION.CONTROL@RUNNYMEDEHC.CA](mailto:INFECTION.CONTROL@RUNNYMEDEHC.CA)  
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Outbreak  
management:  
Information for families  
and visitors.

*We make it possible.*

# Outbreak management: Information for families and visitors.

RUNNYMEDE STAFF continually monitor patients for respiratory and gastrointestinal infections to prevent an outbreak. If an outbreak occurs, signage is posted at all hospital entrances, elevators and on the affected patient floor to provide important safety measures.

The Infection Prevention and Control (IPAC) team work in collaboration with Toronto Public Health to prevent and control outbreaks through the use of best practices which keep our patients, staff and visitors safe.

## ARRIVING AT RUNNYMEDE

If you do not feel well please do not visit our patients. During an outbreak, when visitors arrive at the hospital they are required to clean their hands and sign in and out at the front surveillance desk.

## CHECK IN AT NURSING STATION

During an outbreak, upon arrival to the patient floor, visitors should speak to a staff member at the nursing station who will provide them with directions on the precautions that must be followed to ensure both the patient's and visitor's safety. This could include the use of personal protective equipment, such as gloves, gown, mask and protective eyewear, if required.

Patients from outbreak floors should not leave the floor, and sick patients should remain in their rooms. During an outbreak, visitors will only be allowed to visit one patient.

## KEEP YOUR HANDS CLEAN

Visitors should practice good hand hygiene to help control the spread of infections.

Hands should be cleaned after entering the hospital, when there has been contact with patients or the patient's environment and also before leaving the hospital.



## WHO SHOULD NOT VISIT?

It is in the best interest of our patients that families and visitors who feel unwell should postpone their visit.

Those experiencing any of the following symptoms should not visit:

- **Respiratory symptoms:** fever, cough, congestion, runny nose, sneezing, headache and/or muscle aches
- **Gastrointestinal symptoms:** fever, diarrhea, abdominal pain, nausea and/or vomiting

## VISITOR RESTRICTIONS

Depending on the severity of outbreak, the hospital may implement visitor restriction as a measure to protect our patients, control the outbreak and minimize the potential spread of infections.