

ACTIVE REHAB



Speeding up recovery

Runnymede proudly launched a new patient-centred rehab program in 2019 that has fundamentally changed both the way we work and the patient population we serve. Our High Tolerance Short Duration Rehabilitation Program – commonly known as Active Rehab – puts patients on the fastest possible track to getting back to their lives following hospitalization in acute care. Our clinical team works in partnership with patients to restore their mobility and develop the skills and understanding they need to adapt to their new reality and return home.

The new Active Rehab Program helps patients move out of acute care sooner so they can quickly access the treatment they desperately need. Unlike our Low Tolerance Long Duration Rehabilitation Program, commonly known as Slow Stream Rehab, Active Rehab is for patients who can tolerate a fast, intensive form of therapy. Our clinical team helps them regain their functional abilities within days or weeks of their admission to Runnymede. After leaving the program, patients continue their healthcare journey either at home or at their next healthcare destination.

Reinventing our model of care

To better meet the needs of all our patients, we reinvented the way we provide care. To improve patient outcomes and harness the clinical expertise, passion and dedication of our team, we moved from a 5-day to a 7-day model of care. Patients can now receive therapy every day of the week. To accommodate this new model, we expanded the number of people on our staff, most of them clinical.

Runnymede rehab patients receive treatment from our expert clinical team, which includes physicians, nurses, physiotherapists, occupational therapists and other clinicians. Together they are committed to providing the appropriate level of care for patients to achieve their clinical goals.

A 7-DAY MODEL OF CARE



OUTPATIENT SERVICES

Support every step of the way

Soon, discharge won't signal the end of our relationship with patients. We are adding outpatient services to provide the continuing care our patients need to support them on their healthcare journeys. Outpatient services allow us to better serve our patients, providing them with a seamless transition of care, post-discharge. It will also provide another avenue for our community to access rehab care when and where they need it, making our clinical expertise available to more people.