

## Information Sheet for Visitors at Runnymede Healthcare Centre August 6, 2024

Runnymede Healthcare Centre (Runnymede) recognizes the significant role visitors and Essential Care Partners (ECPs) continue to play in a patient's healing and well-being.

Patient and staff safety is our top priority and as family members and partners in care, we need your help to ensure that potential risks are kept to an absolute minimum.

In a continued effort to enhance the patient experience at Runnymede, the following changes have been implemented as of April 23, 2024:

- Each patient may have two visitors/ECPs at the bedside at any given time (except for end-of-life).
- Children under the age of 12 are welcome to visit when accompanied by an adult who is not the patient.
- Garden visits will be allowed from 9am to 8pm, and each patient may have up to 10 visitors at the time (considering limited space and ongoing construction).

Visitation will continue:

- For all patients, 24 hours a day, seven days a week.
- For COVID-19 positive patients to have one visitor/ECP at the time.

If more visitors want to visit a patient, please seek approval from your unit's Advance Practice Nurse (APN) or the Patient Care Manager.

### **Masking Requirements**

In accordance with the current guidelines from the Toronto Region Hospital Operation, as of August 6, 2024, visitors will no longer be required to wear a procedure mask when visiting.

Visitors and ECPs are expected to continue and follow passive screening requirements in order to proceed with their visit. We ask that visitors who are feeling unwell or experiencing symptoms to not visit the hospital until they are fully recovered.

Although masks are no longer mandatory hospital-wide, Runnymede will continue to promote a mask-friendly environment and support anyone who chooses to wear a mask. Masks will still be widely available throughout the hospital. Face mask dispensers remain available at the main entrance and on the patient care units.

## Guidelines

- All visitors can enter and exit through the hospital's main entrance between 8 a.m. to 9 p.m.
- The entrance doors are locked after hours Monday to Friday from 9 p.m. to 8 a.m. and on Saturday and Sunday from 9 p.m. to 9 a.m. **For visitors who wish to visit the hospital after 9 p.m., visits will need to be scheduled.**
- If you would like to visit a patient **after hours**, please call the appropriate patient care unit between 7 a.m. to 6 p.m. with your name and the name of the patient you are visiting to ensure prompt entry:
  - 2<sup>nd</sup> Floor: (416) 762-7316 ext. 2111 or 2717
  - 3<sup>rd</sup> Floor: (416) 762-7316 ext. 2113 or 2813
  - 4<sup>th</sup> Floor: (416) 762-7316 ext. 2116 or 2913
- All visitors are expected to sign-in and sign-out in the visitor log book located on the patient care unit.

## After Hours Visiting

- For visitors arriving after hours, please press the intercom button beside the entrance door to gain access and be escorted in by Security.
- *Please note:* At times, there may be a delay in opening the door at the scheduled time as the Security staff may be attending to another urgent need.

## During Your Visit

- Please keep your hands clean at all times, especially before entering a patient room/or before having contact with a patient, and after exiting a patient room/ or after having a contact with a patient. Hand sanitizers are available throughout the hospital.
- You may bring personal belongings for your loved one during your visit.
- You may bring in food that is ready to eat, individually packaged and in a disposable, single serving container for your loved one.
- Please do not leave any food items behind; do not eat or share food while visiting your loved one.
- Refrain from using the patient washroom.
- Refrain from visiting other patients.
- If you visit a patient who has Precautionary sign on the door:
  - You must wear all required Personal Protective Equipment (PPE) indicated by the sign on the door (such as gown, gloves, mask, and face shield).
  - Personal belongings (jacket, bag) should be placed in the plastic bag before entering the room (plastic bags are available on the unit, ask primary nurse for

assistance).

### After Your Visit

Please continue to self-monitor for any sign of infectious symptoms (such as fever, cough, nausea, vomiting, diarrhea, a skin rash, or other) and notify Runnymede's infection prevention and control team immediately at 416-762-7316, ext. 2238

### Leave of Absence

- Patients may continue to leave the hospital to attend both essential and non-essential appointments.
- Overnight leaves may be permitted with approval by the clinical team.
- Please contact your Patient Care Manager for more information.

### Visitation during Unit Outbreak

When an outbreak is declared on a clinical unit, visitation will be temporarily paused for the duration of the outbreak. Runnymede will assess patient care needs and engage existing ECPs to assist with the provision of care as required.

### Essential Care Partner (ECP) Program

- The ECP program remains in place as patients may identify and designate their ECP(s) whose presence is deemed essential to their safety and well-being.
- An ECP is an individual who is key to supporting the care of the patient and provides direct services, including physical care, emotional, psychological or navigational support, and excluding controlled acts as defined in the [Regulated Health Professional Act, 1991](#)
- ECPs can include family members, close friends or other caregivers as identified by the patient, Power of Attorney or Substitute Decision Maker
- **A formal application process will apply.** For more information or to apply to be an ECP, please contact the Patient Relations at 416-762-7316 ext. 2119 or at [patient.relations@runnymedehc.ca](mailto:patient.relations@runnymedehc.ca)

We appreciate your patience and understanding at this time. Additional questions may be directed to the appropriate patient care unit:

- 2<sup>nd</sup> Floor: (416) 762-7316 ext. 2111 or 2717
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Thank you for your continued support during this time.